

# Quick Reference Card

Place lab orders in CHCS/Genesis before sending specimens to the lab

PrEP Baseline Counseling and Lab Tests	
<b>Counseling</b>	
→ Safer sex (condom use)	
→ Medication adherence	
→ Educate/ask about acute HIV symptoms	
→ Educate/ask about adverse medication effects	
→ Educate/ask about STI symptoms	
<b>Lab test</b>	<b>Purpose/Comment</b>
→ HIV screen with 4 <sup>th</sup> generation ELISA (Antibody/Antigen)	<b>Rule out HIV infection, ideally within 7 days of starting PrEP.</b>
→ Basic Metabolic Panel (BMP)	Check for normal kidney function. Refer to ID if creatinine is high.
If concern for acute HIV infection*, add HIV-1 quantitative PCR or HIV-1 qualitative NAAT	Order this only if there is concern for HIV exposure/infection within previous 2-4 weeks. Refer to ID if positive.
→ RPR or T. pallidum IgG/Ab	Screen for syphilis infection. Refer to ID if positive.
→ GC/CT nucleic acid amplification test (NAAT)*	Screen for gonorrhea (GC) and chlamydia (CT) infection at any anatomic site with sexual exposure: urine (men) or patient-collected vaginal swab (women), pharyngeal swab*, patient-collected anal swab*.
→ Hepatitis A antibody or IgG	Check for immunity, should be positive indicating immunity. If negative, give vaccine series.
→ Hepatitis B surface antibody	Check for immunity, should be positive indicating immunity. If negative, give vaccine series.
→ Hepatitis C antibody	Screen for infection. If positive, refer to ID. No vaccine available.
→ Urine HCG (women)	Screen for pregnancy. If positive, refer to OB/Gyn. PrEP is not harmful to developing fetus.

PrEP Follow-up Counseling and Monitoring			
<b>Counseling</b>	<b>Every 3 months</b>		
→ Safer sex (condom use)	✓		
→ Medication adherence	✓		
→ Educate/ask about acute HIV symptoms	✓		
→ Educate/ask about adverse medication effects	✓		
→ Educate/ask about STI symptoms	✓		
<b>Lab test</b>	<b>Every 3 months</b>	<b>Every 6 months</b>	<b>Every 12 months</b>
→ HIV screen with 4 <sup>th</sup> generation ELISA (Antibody/Antigen)	✓		
→ Basic Metabolic Panel (BMP)	Once 3 months after start then every 6 months	✓	
If concern for acute HIV infection*, add HIV-1 quantitative PCR or HIV-1 qualitative NAAT		As needed	
→ RPR or T. pallidum IgG/Ab	✓		
→ GC/CT nucleic acid amplification test (NAAT)*	✓		
→ Hepatitis C antibody			✓
→ Urine HCG (women)	✓		

For **clinical consultation**, call:

NMCSID ID 619-218-7630/7585  
 NMCP ID 757-860-5054  
 WRNMMC ID 301-538-7900